



London & South East England

 WE DISCOVER, WE GROW  
Girlguiding



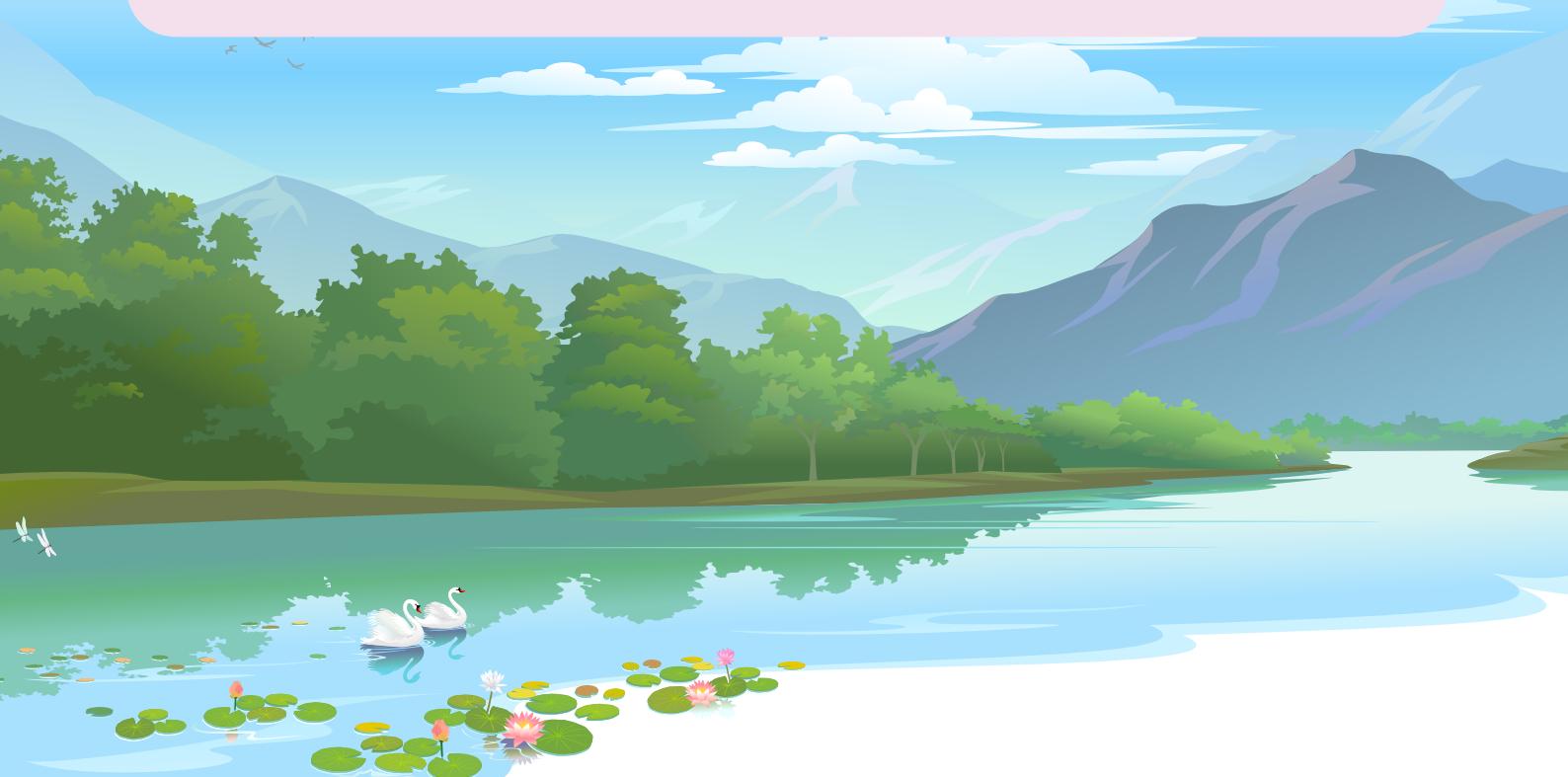
## In Unusual ways

In this activity we want you to explore the outdoors whilst travelling using an unusual method e.g. on a scooter, on your hands, on stilts, back to back or any other interesting way you can think of. We also want you to visit different traditional outdoor festivals.

Take your pick from the list of suggested ideas, which may have come from existing resources (e.g. Roundabouts / Handbooks / Badges / GFIs / Octants and other Girlguiding publications) or choose your own activity.

### All Age Activities

- > Go to the highest accessible point in your area and see how many landmarks you can identify
- > Visit a traditional outdoor event e.g. a country fair and try travelling on something you wouldn't normally have access to e.g. tractor, miniature railway, steam engine, carousel, horse, seaside donkey
- > Take part in an apple wassail
- > Visit a swan upping
- > Go to the races! Find out about and visit llama, sheep, ostrich, ferret or snail racing
- > Visit a maze and find your way to the middle and then out again





## Rainbow ideas

- > Go for a walk and look at the landmarks around you, when you get back to your unit meeting place try and draw a map of what you saw
- > Have a teddy bear's picnic in a nature reserve, have a vote for the biggest, best dressed teddy bear etc.
- > Have a skipping meeting and go for a walk while skipping
- > Skip to some of the traditional rhymes
- > Guess where you can arrive if you travelled 100 steps from your unit meeting place. Try it out. Were you right?
- > Organise your own Mighty Mud Mania event
- > In the sunshine chase your own shadow

## Links/Extensions

Roundabouts:

Rainbows

Festivals

Global Adventure



## Brownie ideas

- > Play Pooh Sticks
- > Go on a blind fold string trail
- > Create a den for your six and have a picnic tea in it
- > In autumn go on a crunchy leaf walk
- > On a sunny day make shadow pictures with your hands
- > Make some natural paint brushes using twigs and pine needles and then paint a picture of the local views



## Guide ideas

- > Go on a Penny Hike
- > Visit an arboretum
- > Make a natural shelter and sleep in it
- > Create a meal using backwoods cooking
- > Build a rope ladder/ rope bridge/ Haymaker's bridge and use it to carry a mug of water
- > Go to the highest point in your area and see the sun rise or set, taking a picnic with you

## Links/Extensions

Go For It:

Teamwork

Camp Out

I Will Survive

Badges:

Outdoor Cook

Survival



## The Senior Section ideas

- > Climb a church tower or castle keep. Make a photographic record of the 360° view you see
- > Go fishing and then prepare and cook your catch outdoors
- > Find an expert to take you mushroom picking, or foraging for other free food
- > Visit a working windmill, buy flour, make, cook and eat dambars



## Websites

### How to/Activities

- > [www.fantasticmaps.com/2015/02/how-to-draw-a-map/](http://www.fantasticmaps.com/2015/02/how-to-draw-a-map/)
- > [kidsactivities.about.com/od/EducationalTriips/f/This-is-My-Neighborhood-Map-Activity.htm](http://kidsactivities.about.com/od/EducationalTriips/f/This-is-My-Neighborhood-Map-Activity.htm)
- > [www.birthdayinabox.com/party-ideas/teddy-bear-picnic.html](http://www.birthdayinabox.com/party-ideas/teddy-bear-picnic.html)
- > [www.great-picnic-ideas.com/fun-party-games.html](http://www.great-picnic-ideas.com/fun-party-games.html)
- > [pooh-sticks.com/the-rules-of-pooh-sticks/](http://pooh-sticks.com/the-rules-of-pooh-sticks/)
- > [books.google.co.uk/books?id=XHTdTPRO7boC&pg=PA48-IA2&lpg=PA48-IA2&dq=blind-fold+string+trail&source=bl&tots=Zajrm1Rpm2&sig=xkbW5jw8BTwcOFANC7ZimESJ-1dU&hl=en&sa=X&ved=0ahUKEwj0482c\\_9XKAhWBoRQKHZJHDSAQ6AEIKDAC#v=onepage&q=blindfold%20string%20trail&f=false](http://books.google.co.uk/books?id=XHTdTPRO7boC&pg=PA48-IA2&lpg=PA48-IA2&dq=blind-fold+string+trail&source=bl&tots=Zajrm1Rpm2&sig=xkbW5jw8BTwcOFANC7ZimESJ-1dU&hl=en&sa=X&ved=0ahUKEwj0482c_9XKAhWBoRQKHZJHDSAQ6AEIKDAC#v=onepage&q=blindfold%20string%20trail&f=false) (Blindfold String Trail)
- > [www.edenproject.com/learn/for-everyone/how-to-build-your-own-den](http://www.edenproject.com/learn/for-everyone/how-to-build-your-own-den)
- > [www.50things.org.uk/activity-list/activity-detail/Build-a-den/1155/4.aspx](http://www.50things.org.uk/activity-list/activity-detail/Build-a-den/1155/4.aspx)
- > [theknowledgenow.blogspot.co.uk/2012/11/how-to-make-hand-shadow-puppets\\_29.html](http://theknowledgenow.blogspot.co.uk/2012/11/how-to-make-hand-shadow-puppets_29.html)
- > [www.doodlesandjots.com/2012/01/05/making-paintbrushes-with-natural-materials/](http://www.doodlesandjots.com/2012/01/05/making-paintbrushes-with-natural-materials/)
- > [www.weeshare.net/2011/06/make-your-own-natural-paint-brushes-with-tutorial.html](http://www.weeshare.net/2011/06/make-your-own-natural-paint-brushes-with-tutorial.html)
- > [www.nwf.org/Kids/Family-Fun/outdoor-activities/penny-hike.aspx](http://www.nwf.org/Kids/Family-Fun/outdoor-activities/penny-hike.aspx)
- > [www.outdoorlife.com/photos/gallery/hunting/2013/05/survival-shelters-15-best-designs-wilderness-shelters](http://www.outdoorlife.com/photos/gallery/hunting/2013/05/survival-shelters-15-best-designs-wilderness-shelters)
- > [www.scoutingresources.org.uk/pioneering/pioneering\\_shelters\\_constructs.html](http://www.scoutingresources.org.uk/pioneering/pioneering_shelters_constructs.html)
- > [www.scoutresources.org.uk/pioneering/pioneering\\_shelters\\_natural.html](http://www.scoutresources.org.uk/pioneering/pioneering_shelters_natural.html)
- > [www.scouthelp.co.uk/Backwoods\\_Cooking](http://www.scouthelp.co.uk/Backwoods_Cooking)
- > [www.scoutresources.org.uk/pioneering/pioneering\\_ladders.html](http://www.scoutresources.org.uk/pioneering/pioneering_ladders.html)
- > [www.pioneeringmadeeasy.co.uk/bridges/haymaker.html](http://www.pioneeringmadeeasy.co.uk/bridges/haymaker.html)
- > [www.reserveamerica.com/outdoors/how-to-clean-a-fish.htm](http://www.reserveamerica.com/outdoors/how-to-clean-a-fish.htm)

### Information Websites

- > [www.themazeproject.co.uk/about/](http://www.themazeproject.co.uk/about/)
- > [www.orchardnetwork.org.uk/content/list-events-and-orchards-county?type=events](http://www.orchardnetwork.org.uk/content/list-events-and-orchards-county?type=events) (Wassailing)
- > [www.royal.gov.uk/royaleventsandceremonies/swanupping/swanupping.aspx](http://www.royal.gov.uk/royaleventsandceremonies/swanupping/swanupping.aspx)
- > [www.homeschool.co.uk/jump-rope-rhymes/jump-rope-songs-and-skipping-rope-rhymes/](http://www.homeschool.co.uk/jump-rope-rhymes/jump-rope-songs-and-skipping-rope-rhymes/) (Skipping Rhymes)
- > [www.scottsdaleindependent.com/entertainment/scottsdale-mighty-mud-mania-tradition-comes-of-age/](http://www.scottsdaleindependent.com/entertainment/scottsdale-mighty-mud-mania-tradition-comes-of-age/)
- > [www.thenma.org.uk/](http://www.thenma.org.uk/) (National Arboretum)
- > [www.fisheries.co.uk/southeastindex.htm](http://www.fisheries.co.uk/southeastindex.htm) (places to fish)
- > [canalrivertrust.org.uk/enjoy-the-waterways/fishing](http://canalrivertrust.org.uk/enjoy-the-waterways/fishing) (where to fish on a canal)
- > [visitwoods.org.uk/en/visit-woods/for-nature/Pages/natures-larder.aspx#.VriKx6wrGP8](http://visitwoods.org.uk/en/visit-woods/for-nature/Pages/natures-larder.aspx#.VriKx6wrGP8) (Foraging information from Woodland Trust)
- > [www.naturescalendar.org.uk/wildlife/factfiles/foragers\\_fact\\_pack.htm?\\_\\_utma=59620786.1768832391.1370517156.1404329436.1454934726.4&\\_\\_utmb=59620786.2.9.1454934742433&\\_\\_utmc=59620786&\\_\\_utmx=-&\\_\\_utmz=59620786.1454934726.4.1.utmcsr=google|utmccn=\(organic\)|utmcmd=organic|utmctr=\(not%20provided\)&\\_\\_utmv=-&\\_\\_utmk=143592689](http://www.naturescalendar.org.uk/wildlife/factfiles/foragers_fact_pack.htm?__utma=59620786.1768832391.1370517156.1404329436.1454934726.4&__utmb=59620786.2.9.1454934742433&__utmc=59620786&__utmx=-&__utmz=59620786.1454934726.4.1.utmcsr=google|utmccn=(organic)|utmcmd=organic|utmctr=(not%20provided)&__utmv=-&__utmk=143592689) (Foragers fact sheets)
- > [www.countryfile.com/countryside/top-10-foods-forage-september](http://www.countryfile.com/countryside/top-10-foods-forage-september)
- > [www.nationalmillsweekend.co.uk/windmills.htm](http://www.nationalmillsweekend.co.uk/windmills.htm) (find a windmill)

Let us know what you've been up to  
on the **Growing Up Wild** website!